

September
2026



Mountain Doin's

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Central Office is open
Monday-Friday 10am-1pm

(828) 254-8539
24/7 Phone line

Or email us at:
info@wncaa.org

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Where to Find Meetings

Printable In-person
Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



**"I am responsible.
Whenever anyone,
anywhere, reaches out for
help, I want the hand of
AA always to be there.
And for that: I am
responsible."**

1965 AA International Convention in Toronto
former AA trustee, Al S. Author



NCMCO Board Vacancy Announcements!

The following important positions are open on the
NCMCO Board:

12th Step Call Coordinator
(for the remaining 2025-2026 term)
Average time - 1-3 hours per week

Will have responsibility for maintaining the 12th Step
phone call volunteer list.

Will recruit new volunteers.

Will work with the Office Manager to keep the 12th Step
volunteer list information current.

Shall have at least three (3) years of continuous sobriety.

Web Administrator (2-year commitment)
Average time - 1-3 hours per week

Responsible for maintenance and development of the existing
NCMCO WordPress web site at <https://wncaa.org> in accordance with
Central Office policies and A.A. Internet Guidelines.

Shall have at least three (3) years of continuous sobriety.

If you are interested in volunteering for either position, please contact
Central Office at (828) 254-8539 during business hours — 10 AM to 1:00 PM,
Monday through Friday or email at: info@wncaa.org. Attend the next
COR/Board meeting **Thursday, September 10, at 6:00pm.** (Details and
login on the website calendar.)

For details and login information - see the website for Zoom link:
<https://wncaa.org/index.php/event/ncmco-general-committee-meeting-zoom-5/>

2026



Step of the Month

Step 9:

**"Made direct amends to such people wherever
possible, except when to do so would injure them or
others."**

Tradition of the Month

Tradition 9:

**"A.A., as such, ought never be organized; but we
may create service boards or committees directly
responsible to those they serve."**



Members of Districts 70, 71 and 80

Let's stay connected!

**Include everyone in your AA special events or
opportunities!**

**Please send any news or event updates by the
20th of each month to:
news@wncaa.org**

NCMCO NEWS

Updated System! More privacy!

12 Step work from Home!

NCMCO has **updated** the After Hours Phone Volunteer service commitment to make it more workable for more members. If the 20+ hour shifts or the possibility of breaking your anonymity by giving an A.A. greeting to every unknown number that shows up on your phone have prevented you from volunteering, take a look at our new system - [HERE](#) and, if it looks like a service you can commit to, fill out the form [HERE](#).

Most of our calls are for meeting information. But every once in a while, yours could be the first voice to carry A.A.'s message of hope to a suffering alcoholic.

If you have any questions, please call Central Office at (828) 254-8539 during business hours — Monday through Friday from 10 AM to 1 PM or email info@wncaa.org any time.

Call & Visitor Log July 2026

12 Step Calls - 10
General Info - 7
Family Help - 2
Meeting Info - 29
Central Office Business - 40
Medical/Detox - 0
Visitors - 65
After-hours calls - 35



Cash on Hand as of 7/31/2026

Prudent Reserve
\$16,177.49
Operating Account
\$9,085.29
Rent Deposit - \$900.00
Petty Cash - \$50.00

COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) and Board Members may vote so we encourage your group to elect a COR. Your input is important to us. ([See page 4](#))

The next General Committee meeting will be **Thursday, September 10, at 6:00 pm**, via Zoom: Meeting ID: 757 855 2319; Passcode: 000000.



For updated meeting information and Zoom link, check the website:
<https://wncaa.org/index.php/events/>

Profit and Loss

NC MOUNTAIN CENTRAL OFFICE, INC.

	Jul 2026	Jan 1 - Jul 31 2026 (YTD)
Revenue		
Contributions		
Birthday Contributions	270.00	270.00
Group Contributions	5,267.94	23,175.22
Individual Contributions	10.78	76.27
Total for Contributions	\$5,548.72	\$23,521.49
Interest on Money Market	1.37	9.38
Sales Income		
Literature & merchandise	1,594.01	18,656.12
Shipping charged to groups		356.39
Total for Sales Income	\$1,594.01	\$19,012.51
Total for Revenue	\$7,144.10	\$42,543.38
Cost of Goods Sold		
Cost of Goods Sold		
Credit Card Processing		
PayPal Fee	21.76	197.26
Processing	\$21.76	\$197.26
Freight - vendor shipping	14.46	232.43
Literature & merchandise-COGS	1,213.56	14,100.05
Shipping to groups	86.39	457.94
Total for Cost of Goods Sold	\$1,336.17	\$14,987.68
Inventory Shrinkage	58.20	188.11
Total for Cost of Goods Sold	\$1,394.37	\$15,175.79
Gross Profit	\$5,749.73	\$27,367.59
Expenditures		
Accountant fees		75.00
Computer Expenses	6.42	9.63
Event Expenses		103.01
Office Supplies	94.73	229.65
Payroll Expenses		
Gross Salary	1,644.80	12,313.60
Payroll Taxes (Company)	125.82	941.94
Total for Payroll Expenses	\$1,770.62	\$13,255.54
Rent	936.00	6,552.00
Telephone & Internet		
Office Telephone/Internet	110.31	844.16
Virtual Meetings		90.16
Web Expenses		49.09
Total for Telephone & Internet	\$110.31	\$983.41
Total for Expenditures	\$2,918.08	\$21,208.24
Net Operating Revenue	\$2,831.65	\$6,159.35
Net Revenue	\$2,831.65	\$6,159.35



YOUR CENTRAL OFFICE NEEDS YOU!

Board Elections • January 14, 2027

Please consider these important service positions.



The Central Office Board elections will take place at the January 14, 2027 General Committee meeting.



Board meetings are held the **second Thursday** of odd-numbered months.



All A.A. members are welcome to attend, but **only CORs and Board members** are eligible to vote.

Positions are elected by the General Committee. Terms are **2 years** and begin after the January 14, 2027 meeting.



POSITIONS OPEN



Chairperson

| 5 years continuous sobriety



Alternate Chairperson

| 5 years continuous sobriety



Secretary

| 5 years continuous sobriety



Treasurer

| 5 years continuous sobriety



12th Step Call Coordinator

| 3 years continuous sobriety



Want to learn more?

Observe or participate in Board and COR committee discussions via Zoom.



Meeting ID:
757 855 2319



Passcode:
000000



Meeting information:

<https://wncaa.org/index.php/event/ncmco-general-committee-meeting-zoom-5/>

Unity. Service. Recovery.

JOIN US AT THE

NCMCO

General Committee Meeting

2nd Thursdays of Odd
Numbered Months
Online from 6 to 8 PM

Zoom Meeting ID
757 855 2319
Password: 000000

Learn what's happening at Central Office
and share your voice to help serve
alcoholics in Western North Carolina.

Central Office Representatives and Board Members have voting power.
Anyone with a desire to stop drinking is welcome to attend.

info@wncaa.org || www.wncaa.org || (828) 254-8539

Does your group have a

COR?

(Central Office Representative)

What are Central Office Representatives and What are their Duties?

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!
What are we doing well? What can we improve upon?
How can we serve Districts 70, 71 and 80 more effectively?
What might we do to draw more participation from groups?

Please send your feedback to: info@wncaa.org

Better yet, attend the next bimonthly COR/Board meeting on Zoom.

See the Central Office website for more details:

<https://wncaa.org/index.php/events/>

2026 Month and YTD Contributions

Group Contributions:

	Jul 2026	YTD
12 & 12 Study Group - 000090348	\$80.00	\$117.00
Acceptance Group - 000092265	\$530.00	\$1,494.63
Agnostics Atheists Free Thinkers Grp - 000092498		\$200.00
As Bill Sees It Group (Franklin) - 000442480	\$21.92	\$64.67
Big Town Group - 000096080	\$98.86	\$447.93
Black Mountain Group - 000096165		\$50.00
Brevard AA Online - 000453800	\$365.88	\$649.79
Brevard Men's Group - 000096757	\$238.50	\$238.50
Brevard Serenity Group - 000096758		\$171.10
Bryson City Group - 000097273	\$210.00	\$237.47
Burnsville Group - 000235484	\$206.10	\$206.10
Candler K.I.S.S. Group - 000098073		\$275.00
Cashiers Valley Group - 000098360	\$339.00	\$654.40
Clear Cut Direction Group - 000743652		\$100.00
Common Sense Group - 000099801		\$150.00
Conscious Contact Group - 000099980		\$373.53
Cullowhee Valley Group - 000100669	\$155.00	\$275.00
Cumberland Group - 000100676		\$87.50
Daily Decisions Group - 000100743		\$863.65
Early Does It Group - 000729080	\$200.00	\$200.00
Fellowship Group (Fletcher) - 000104116		\$649.53
Good Livers Group - 000107590		\$600.00
Grace Group (Asheville) - 000107789		\$1,806.84
Grace Group (Scaly Mtn) - 000746005		\$50.00
Hendersonville Group - 000110033		\$750.00
Hendersonville Men's Group - 000044576	\$62.50	\$115.89
Hendersonville Middy Group - 000110035		\$100.00
Hey Girl, Surrender Group - 000392207		\$250.00
High Noon Group - 000110266		\$200.00
Joy Of Living Group - 000112527	\$72.00	\$189.80
Let Go Absolutely Group - 000403031		\$150.00
Liars Club		\$100.00
Lost and Found Group - 000427291		\$92.56
Maggie Valley Group - 000016476	\$300.00	\$300.00
Mars Hill Group - 000017945		\$225.00
Micaville 12 & 12	\$80.00	\$80.00
Motley Crew Group - 000390376		\$204.00
Mountainview Group - 000027730	\$69.40	\$92.74
New Freedom Group - 000032374		\$431.00
No Name Group (Murphy) - 000036859		\$200.00
Noontime Big Book Study Group - 000409637	\$75.00	\$172.20
Phoenix Group - 000049062	\$107.50	\$511.20
Pine Grove Group		\$250.00
Pisgah Group - 000049661		\$150.00
Practicing Principles Group - 000051260		\$55.70
Primary Purpose Group - 000035382		\$160.00
Recovery By The River Group - 000055540	\$95.78	\$355.34
Round Table Group - 000059337		\$90.00
Safe And Sound Women's Group - 000060517	\$121.44	\$325.98
Saturday Morning Men's Meeting	\$125.00	\$250.00
Saturday Solutions	\$125.00	\$125.00
Serenity Service Group - 000068387		\$402.98
Sober Sisters Group (Burnsville) - 000460489		\$50.00
Sober Sisters Group (Flat Rock) - 000073208	\$26.38	\$349.94
Solutions Group - 000074739	\$408.65	\$931.93
South Asheville Literature Group - 000075329		\$100.00
Speed Bump Group - 000053487	\$200.78	\$400.91
Spruce Pine Group - 000077533	\$240.00	\$490.00
St John in the Wilderness Early Bird Grp - 000078454	\$141.00	\$301.00
Strange Camels - Brevard		\$100.00
Surrender Group (Blk Mtn) - 000086090	\$140.25	\$259.75
Sylva AA - 000086394		\$114.00
The Open Meeting Group - 000418805		\$238.20
The Out To Lunch Bunch Group - 000408968	\$150.00	\$250.00
The Really Big Big Book Group - 000743378		\$45.00
The Rule 62 Group - 000724698		\$62.00
Three Legacies Group - 000006439		\$10.00
Waynesville Grace Group - 000022141		\$1,328.83
Waynesville Grace Group Tuesday Night		\$50.00
West Asheville Women's Group - 000030473		\$321.63
Women of Courage Group - 000036989	\$200.00	\$1,150.00
Women's Way Group 000513711	\$82.00	\$230.00
Young People's Group - 000042150		\$100.00
Total Group Contributions:	\$5,267.94	\$23,175.22

Individual Contributions:

	Jul 2026	YTD
Anonymous	\$10.78	\$76.09
Pat D.		\$0.18
Total Individual Contributions:	\$10.78	\$76.27

Birthday Contributions:

	Jul 2026	YTD
Monica G	\$270.00	\$270.00
Total Birthday Contributions:	\$270.00	\$270.00

Total Contributions:

\$5,548.72 \$23,521.49



Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!

How ARE we "Self-Supporting?"

Suggestions & Addresses for sending Donations to the A.A. Service Structure*

Revised for 2026

NOTE: New address for District 80

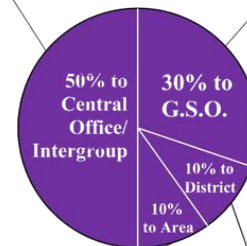
* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO

70 Woodfin Place
Suite 212
Asheville, NC 28801

General Service Office

Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer

PO Box 11104
Wilmington, NC 28404

District 70 Treasurer

PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer

PO Box 202
Hendersonville, NC 28793

District 80 Treasurer

486 Wooten Rd
Franklin, NC 28734



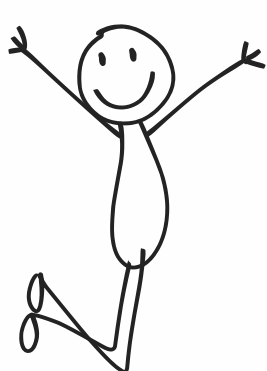
Happy Anniversary!



Name	Sobriety Date	Years
Acceptance Group		
David N.	9-06-2022	4 yrs
Pamela P.	9-10-2014	12 yrs
Ed B.	9-15-1997	29 yrs
Michelle P.	9-24-1991	35 yrs
Back to Basics Group - Weaverville		
Paul M.	9-01-2013	13 yrs
Benton B.	9-13-2022	4 yrs
Ginger H.	9-13-1991	35 yrs
Matthew M.	9-20-2010	16 yrs
Big Town Group		
Michelle C.	9-02-2004	22 yrs
Black Mountain Group		
Joel H.	9-16-2007	19 yrs
Nicole	9-24-2017	9 yrs
Daily Decisions Group		
Joey D.	9-02-2021	5 yrs
Bruce N.	9-07-2021	5 yrs
Luke R.	9-27-2018	8 yrs
Fellowship Group		
Taylor F.	9-01-2012	14 yrs
Dan A.	9-01-2021	5 yrs
Ray W.	9-04-2017	9 yrs
Carl G.	9-09-1996	30 yrs
Lisa D.	9-11-2015	11 yrs
Jay M.	9-18-2022	4 yrs
Ken W.	9-22-2022	4 yrs
Stephanie G.	9-25-2019	7 yrs
Gerd S.	9-27-1979	47 yrs
Frank B.	9-27-1989	37 yrs
Natalie R.	9-30-2017	9 yrs
Fireside Group		
Bruce Q.	9-06-1982	44 yrs
Linda G.	9-17-2013	13 yrs
Good Livers Group		
Sheri W.	9-03-2014	12 yrs
Karen M.	9-11-1992	34 yrs
Katy D.	9-23-2024	2 yrs
Nat C.	9-26-1989	37 yrs

Name	Sobriety Date	Years
Grace Group		
Margaret B.	9-04-2005	21 yrs
Hazel R.	9-06-1990	36 yrs
Sean F.	9-08-2013	13 yrs
Casey S.	9-11-2000	26 yrs
John M.	9-18-2002	24 yrs
Tim C.	9-19-2018	8 yrs
Charles W.	9-27-2010	16 yrs
Bill E.	9-30-1994	32 yrs
Hendersonville Group		
Ike F.	9-01-2007	19 yrs
Tom P.	9-06-1994	32 yrs
Nancy M.	9-10-1978	48 yrs
Jared S.	9-15-2022	4 yrs
Rebecca	9-17-2025	1 yr
Ann T.	9-23-2015	11 yrs
Cate M.	9-25-1982	44 yrs
Rob T.	9-29-2015	11 yrs
Hendersonville Men's Group		
Mike H.	9-19-2009	17 yrs
Hey Girl, Surrender Group		
Betsy L.	9-04-2012	14 yrs
Kate R.	9-16-2025	1 yr
Saturday Morning Men's Meeting		
Dale N.	8-30-1986	40 yrs
Mars Hill Group		
Paul M.	9-01-2013	13 yrs
Pai C.	9-04-2024	2 yrs
Laura L.	9-15-2013	13 yrs
Bendik C.	9-24-2007	19 yrs
Motley Crew/Columbus		
Michael V.	9-13-1979	47 yrs
Noontime Big Book Study Group		
Robert M.	9-23-1983	44 yrs
One Day At A Time Grp - Rutherfordton		
Michelle H.	9-04-2023	3 yrs
Denise F.	9-06-1992	34 yrs
Tina A.	9-07-2001	25 yrs

Name	Sobriety Date	Years
Serenity Service Group		
Jon B.	9-01-2003	23 yrs
Sandi L.	9-02-2023	3 yrs
Matthew B.	9-11-2023	3 yrs
Lindsay	9-15-2024	2 yrs
Chris S.	9-15-2019	7 yrs
Casey	9-16-2024	2 yrs
Jay F.	9-18-2000	26 yrs
Henderson B.	9-20-2017	9 yrs
Shane	9-24-2021	5 yrs
Frank P.	9-27-2021	5 yrs
Andy S.	9-28-2021	5 yrs
Beth D.	9-29-2005	21 yrs
Sober Sisters Group of Burnsville		
Jill J.	9-20-1986	40 yrs
Surrender Group - Black Mountain		
Michael C.	9-10-2002	24 yrs
Total Surrender Group		
Gabbi F.	9-16-2014	12 yrs
Joy P.	9-18-2022	4 yrs
Traditional Group		
Jared D.	9-12-2022	4 yrs
Jonathan M.	9-13-2022	4 yrs
Joel H.	9-16-2007	19 yrs
Sara C.	9-20-2021	5 yrs
Steve V.	9-21-2021	5 yrs
Andrew B.	9-25-2021	5 yrs
Waynesville Grace Group		
Doug V.W.	9-01-1998	28 yrs
Bill S.	9-15-1972	54 yrs
Steve A.	9-17-2012	14 yrs
Pat Q.	9-28-2015	11 yrs
West Asheville Women's Group		
Katie H.	9-06-2021	5 yrs
Kirsten P.	9-07-2024	2 yrs
Lauren P.	9-11-2022	4 yrs
Women of Courage		
Laurie T.	9-03-1984	42 yrs
Carolyn R.	9-05-2020	6 yrs
Murri S.	9-12-1984	42 yrs
Sascha F.	9-15-1990	36 yrs
Laurie G.	9-15-2022	4 yrs
Judy Lee T.	9-18-1982	44 yrs
Mary M.	9-23-2003	23 yrs
Christina M.	9-25-2021	5 yrs



Need to update your Group's anniversary list?

**Call Central Office: (828) 254-8539,
or send a new list to: info@wncaa.org**

The October newsletter deadline for sending in anniversaries and announcements is September 20.



Special Meetings and Events



**** Denotes District 70, 71 and 80 special meetings and events!**

****Pizza Party, Hendersonville Men's Group.** September 1, 6:00 - 8:00 pm. Saint John in the Wilderness, 1895 Greenville Hwy, Flat Rock, NC. See flyer or go to: <https://www.nc71.org/events/hendersonville-mens-group-pizza-party>

66th ICYPAA Conference. September 3-6. The Amway Grand Plaza Hotel, 187 Monroe Ave NW, Grand Rapids, MI 49503. For more information see flyer or go to: <https://www.icypaa.org/>

**** Asheville 12 Step Club Labor Day Luau.** September 7, 1:30 - 4:00 pm. 1 Kenilworth Knoll, Asheville, NC 28805. For more information see flyer or go to: <https://ashevilleaa.org/calendar/>.

12th Annual National AA Technology Workshop. Circuits of Service: How Technology Helps Carry the Message. September 11-13. Hilton Concord. 1970 Diamond Blvd, Concord, CA 94520. For more information go to: <https://naatw.org/2026-naatw-workshop/>

VSCYPAA. September 18-20. Holiday Inn, 20 Sanford Dr. Fredericksburg Conference Center, Fredericksburg, VA 22406. For more information see flyer or go to: <https://www.vscypaa2026.com/>

SERF Southeast Regional Forum 2026. September 18-20. Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh, NC 27609. For more information go to: <https://www.aa.org/regional-local-and-special-forums>

**** Fellowship Group in District 71 invites you to a special edition of "Friday Night Live".** September 25, 6:30 PM. Calvary Episcopal Church, 2840 Hendersonville Rd., Fletcher, NC. See flyer.

Bridging the Gap - Workshop Weekend. September 25-27. Hilton Garden Inn, 12080 S. Strang Line Road, Olathe, KS 66062. For more information go to: <https://www.btgww.org/>

**** Rensselaer South Men's Retreat.** October 1-4. Hinton Retreat Center, Hinton Center Rd, Hayesville, NC 28904. For more information see flyer or go to: <https://aawnc80.com/event/rensselaer-south-mens-retreat>

**** District 70 Fall Picnic.** October 4, 12-3:00 pm. Lake Julian Pavilion 1. 37 Lake Julian Rd, Arden, NC 28704. For more information see flyer with QR code or go to: <https://ashevilleaa.org/calendar/>

**** WNCYPAA Annual Campout.** October 16-18. Kuykendall Group Campground, Pisgah National Forest, Brevard, NC. For more information see flyer or go to: <http://www.avlypaa.com>

**** AA Service Rally District 70.** October 17, 11:30 am - 1:30 pm. Center For Spiritual Living. 2 Science of Mind Way, Asheville, NC 28806. For more information see flyer below or go to: <https://wncaa.org/events/list>

NC Area 51 Conferences and Events. <https://aanorthcarolina.org/a51-events/>

National Corrections Conference 2026: "Recovery in the Wild Wild West." November 13-15. Little American Hotel, Salt Lake City, Utah. For more information see flyer or go to: <https://www.nationalcorrectionsconference.org/>

63rd International Women's Conference: February 11-14, 2027. Buffalo Convention Center, 153 Franklin St. Buffalo, NY 14202. For more information see flyer or go to: <https://www.internationalwomensconference.org>

38th Annual Freedom From Bondage, Area 51 AA Corrections Conference. March 12-14, 2027. Hampton Inn and Suites, 200 Columbus Drive, Aberdeen, NC 28315. See flyer or go to: <https://nccorrectionscommittee.org/#conference>

INTERNATIONAL WEBSITES FOR MORE INFORMATION, EVENTS AND ARTICLES

GSO in New York: For events around the country and the world, as well as great articles and information, go to: <https://www.aa.org/> and Box 459 Bulletin Board: https://www.aa.org/sites/default/files/newsletters/F-36_summer2026.pdf

AA World Services Board Update:

https://www.aa.org/sites/default/files/newsletters/AAWS_Highlights_Jan_March_2026.pdf

International Conference of Young People in Alcoholics Anonymous (ICYPAA): <https://www.icypaa.org/about-icypaa>

The Service Express

District 70

GSR Business Meeting – Meetings are held the 2nd Sunday of the month. The next meeting will be **Sunday, September 13, at 2:00 pm**. It will be a hybrid meeting, with **Zoom** capability: Meeting ID: 933 8500 3069; Passcode 672458, and an in-person meeting at St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805. 

Accessibilities Committee – The Chairperson is Carolyn O. Want to make sure your A.A. group or event is accessible to all? Contact Carolyn at access@ashevilleaa.org for an Accessibilities Checklist. The Accessibilities Committee meets the last Saturday of every month at 4:00pm. Go to the NCMCO website calendar for the Zoom link: <https://wncaa.org/index.php/events/>

Archives Committee – *The Chairperson position is open.* If you're interested in standing as the Archives Chair and want more information, please contact the DCM, Tammy Z, at dcm@ashevilleaa.org.

CPC/PI Committee – The Chairperson is David. These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact David at cpc-pi@ashevilleaa.org.

Corrections Committee – Meetings are open in all facilities. We are always looking for new volunteers for all facilities, and we need volunteers for the Pre-Release program. This is rewarding 12th Step work, helping those on the inside transition to the outside. *The Women's prison in Black Mountain is having an orientation **Monday, September 14, at 6:30pm**.* We also have an option to orient to online once you are pre-approved. If you would like to sign-up to volunteer, please contact Liz P. Also, please keep your eyes out for The Pink Can! This is for the Corrections Committee. The donations collected are for literature that we bring to the prisons and jails. If your group does not have a can, please pick one up at Central Office or reach out to Liz or Mitch and we will bring one to you. The Area 51 Corrections Team now has a website. Please check it out at: www.nccorrectionscommittee.org. For more information about Corrections or to become a volunteer, please contact: Liz P, the Women's Corrections Chair, at: corrections_women@ashevilleaa.org, or preRelease@AshevilleAA.org or Mitch R, the Men's Corrections Chair, at corrections_men@ashevilleaa.org

Literature and Grapevine Committee – The Chairperson is Lynn H. She can be reached at: literature@ashevilleaa.org. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events.

Technology Committee – The Chairperson is George M. If anyone is having trouble getting a hybrid or online-only meeting going, or having technical issues, please reach out to George at: technology@ashevilleaa.org and he can offer support. (See page 10)

District 70 - continued

Treatment Facilities Committee – The Chairperson is Melissa. If you're interested in helping with the Treatment Facilities Committee or chairing an AA meeting at a treatment facility, (see page 11) and contact Melissa at treatment@ashevilleaa.org.

“Bridging the Gap” (with treatment facilities) – The Chairperson is Monica. This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from “inside” the program to life on the “outside”. They particularly need women volunteers. If you are interested in volunteering, please attend the next GSR meeting or contact Monica at bridgingthegap@ashevilleaa.org For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org 

District 71

GSR Meeting – held on the 2nd Saturday of the month. The next meeting will be **Saturday, September 12, at 9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! They need more volunteers for Henderson County jail.

There is still an opportunity for 2026-2027 service positions as Accessibilities Coordinator and Bridging the Gap Coordinator. If you have questions about any of those positions you can contact Mary Jo, the new District 71 DCM, by email: nc71aa@gmail.com or through the District 71 website: <https://www.nc71.org/contact> 
Service is one of the Three Legacies of AA.

District 80

GSR Meeting – held quarterly. The next meeting will be on **Sunday, October 11, at 1:30pm**. All GSRs are encouraged to attend and share their Group's experience, strength and hope.

This will be a hybrid meeting with Zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU Zoom system; the meeting ID will be provided on the invite emailed to participants before meeting; no password required. Check their website for meeting updates and links: <https://aawnc80.com/>

Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

District 70: Email: registrar@ashevilleaa.org

District 71: Use the form at: <https://www.nc71.org/meeting-change-form>

District 80: Email: webmaster@aawnc80.com

NOTE to all District DCMs and Committee Chairs:

Please send updates that you would like included in the next issue of the Mountain Doin's. If possible, we would like to have the information by the 15th of the month, but no later than the 25th. Email: news@wncaa.org.

Thank you for all you do!



DISTRICT 70 TECHNOLOGY COMMITTEE

— NEED TECH HELP? —

*We're here to help District 70 groups and committees
carry the message digitally.*



The Technology Committee helps provide information and facilitate access to internet resources, facilitate online meetings, social media platforms, and coordinate with other service committees in their efforts to carry the message digitally.

If your group or District 70 Committee needs assistance with any of the following,
email technology@ashevilleaa.org. 



01

FORMS, PAMPHLETS & FLYERS • VOLUNTEER SIGN-UPS

- Development of specialized pamphlets or Google forms to facilitate your work and outreach, including ones that allow volunteers to easily sign up for service electronically, while automatically creating and updating spreadsheets.
- Specialized pamphlets and flyers to support your committee or group.



02

ONLINE & HYBRID MEETINGS

- Providing any AA group with technical assistance in establishing or maintaining online or hybrid meetings.



03

BORROW EQUIPMENT

- The district has both a webcam and a battery-powered Bluetooth enabled speaker that are available for any group to utilize on request.



04

DISTRICT 70 ZOOM ACCOUNT

- The District 70 Zoom account is available for use by District officers and committee chairs to set up Zoom meetings.
- Specific log-ins for your different meetings can be established, either for one-time or recurring meeting purposes.
- Email technology@ashevilleaa.org to make arrangements to request use of the account and to reserve a time for the meeting on our Zoom Calendar.



NEED HELP? JUST ASK!

technology@ashevilleaa.org

We're here to make technology
simple so we can focus on what
matters—*carrying the message.*

..... ONE PURPOSE.



MANY HANDS.

CARRY THE MESSAGE



AA Volunteers Needed

Help bring meetings and the message of recovery to local treatment centers.

OPPORTUNITIES INCLUDE:



Speaking at meetings



Sharing your experience, strength, and hope



Helping newcomers connect with AA

“

*When anyone, anywhere reaches out for help,
I want the hand of AA always to be there.*

”

INTERESTED?

Get involved with District 70's Treatment Committee:



Email: Treatment@AshevilleAA.org



PreRelease Program

The purpose of this program is to connect the incarcerated AA member with Alcoholics Anonymous in their community upon their release.

Volunteer Responsibilities

1. Make initial contact with the inside AA member via correspondence within two weeks of being matched, and maintain communication with inside AA member through their release.
2. All correspondence is routed through the District 70 PO Box, not through your personal home / mailing address. See separate flyer with more details.
3. Arrange to meet the inside AA member upon their release.
4. Take the inside AA member to an AA meeting within 24-48 hours of release. It is suggested that the first meeting be viewed as a Twelfth Step call, thus taking another AA member with you.
5. You and a friend take them to 3-6 AA meetings. During this time, you help them get acquainted, get phone numbers, and perhaps locate a sponsor and a home group.
6. Review the PreRelease Program with the ex-inmate to avoid misconceptions of what this program does and does not do.

WHAT volunteers are *NOT*:

Responsible for the member's attitude or actions in or out of meetings.

Responsible for carrying the alcoholic, as in DO NOT:

- a. loan money or any thing of value
- b. become a personal taxi service
- c. have an emotional or romantic interlude
- d. Intend to become the released person's sponsor. You assist with the transition into the AA fellowship and onto the broad highway of recovery through the AA program.

It is suggested that the AA volunteer has completed the Twelve Steps and/or one year of continuous sobriety.

Would you like to know more or get involved? Contact PreRelease at:

PreRelease@AshevilleAA.org



District 70

Atn: PreRelease

PO Box 8574

Asheville, NC 28814-8574

DISTRICT 70 CORRECTIONS

September Grapevine now available!



Sponsorship

September's featured section is all about "Sponsorship". It's full of helpful, personal and often humorous stories by members about the joys and challenges of AA sponsorship.

<https://www.aagrapevine.org>



Get in the Car

BY: JUSTIN B. | POMPAÑO BEACH, FLORIDA

It was a Saturday morning in November of 2019, and I had just been released from jail. I had four months sober.

It was a Saturday morning in November of 2019, and I had just been released from jail. I had four months sober. I was back at my home group for the first time, and I felt completely detached from my peers in the room.

I felt lost. I wanted to drink, but I knew if I did that there was no coming back. I tried my best to avoid my sponsor, but that's nearly impossible. I think I may have said hello to him and that was about it. I was still resentful toward him for telling me to grow the you-know-what up months earlier.

After the meeting, I quickly ran outside with my phone and was trying to get a car to take me home. My sponsor came up right behind me and said, "Get in my car, we're going to breakfast."

"I don't want to go to breakfast," I said. "I didn't ask you if wanted to," he replied. "Get your butt in the car."

I've been to breakfasts after the meeting a few times, but this time we sat apart from the other AA members who were in the restaurant. He and I had a conversation that morning that changed the trajectory of my life.

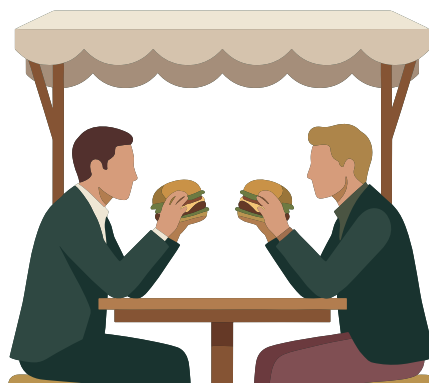
AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. September 15 for the October issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page___") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Pl, Suite 212, Asheville, NC 28801, or emailed to: news@wncaa.org

If you have any questions, give us a call: 828-254-8539.
We look forward to hearing from you!



He said many things that morning that I'll never forget. "Justin, you're a real alcoholic," he said. "Self-examination, prayer and meditation are no longer optional for you. If you don't do these very things you're going to die." He also told me that for a while I could rely on him, but he said he was a human being, and he would eventually fail me. He made clear to me the absolute necessity of establishing a relationship with God, one that would solve all my problems. He asked me, "If it never gets better than it is right now, would you stay? I responded that I didn't know how to answer that question. "Good," he replied. "I can work with that."

He took me through the Steps in the Big Book, and my life hasn't looked the same since. By practicing this program, I get to take one step closer to being the man that God created me to be. The things I chased for so many years, the very things I thought would bring me happiness in this life, are no longer my desires. My greatest desire is to know what it's like to be like my sponsor, a true servant to God.

Through God's unrelenting grace and mercy, I've been sober now for three years, and I'm grateful for all the blessings this program has brought me. I have a life I once believed to be impossible. I've faced adversities that I never would have imagined I could face sober. I'm no longer living in this world alone. With you guys, all things are possible.

"Copyright © The AA Grapevine, Inc. (September 2026) Reprinted with permission. All rights reserved. To subscribe to AA Grapevine, please visit: <https://www.aagrapevine.org/store/grapevine-subscriptions>

Resource Flyer

Courtesy of District 70's Literature/Grapevine
subcommittee



Did you know that we have a local store at our AA Central Office for literature, coins,
newcomer pamphlets, etc.?

Did you know that the AA Grapevine now has an app where you can access articles, track sober
time, keep in check with a daily spiritual maintenance checklist and gratitude list, access the AA
Grapevine YouTube channel, and so much more?

These resources may be helpful to your own sobriety or may be great gifts for anniversaries. The QR
codes below can help you easily find the resources you need. They support our local AA and all of us!
Just point your camera at the QR code and click the yellow link that pops up! Enjoy and thank you for
your support!

Grapevine App
(iPhone)



Grapevine Website



Grapevine App
(Android)



Mountain Central
Office



NC Area 51



AA.org



THE HENDERSONVILLE MEN'S GROUP

PRESENTS

PIZZA PARTY!



TUESDAY, SEPTEMBER 1



PIZZA STARTS AT 6:00 PM



REGULAR MEETING AT 7:00 PM



SAINT JOHN IN THE WILDERNESS

**1895 GREENVILLE HWY,
FLAT ROCK, NC**

**AROUND BACK IN
THE PARISH HALL**



**NO NEED TO BRING
ANYTHING.
EVERYTHING
IS PROVIDED.**



**HOPE TO SEE YOU
THERE TO
CELEBRATE RECOVERY!**

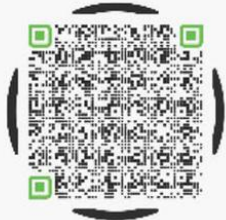
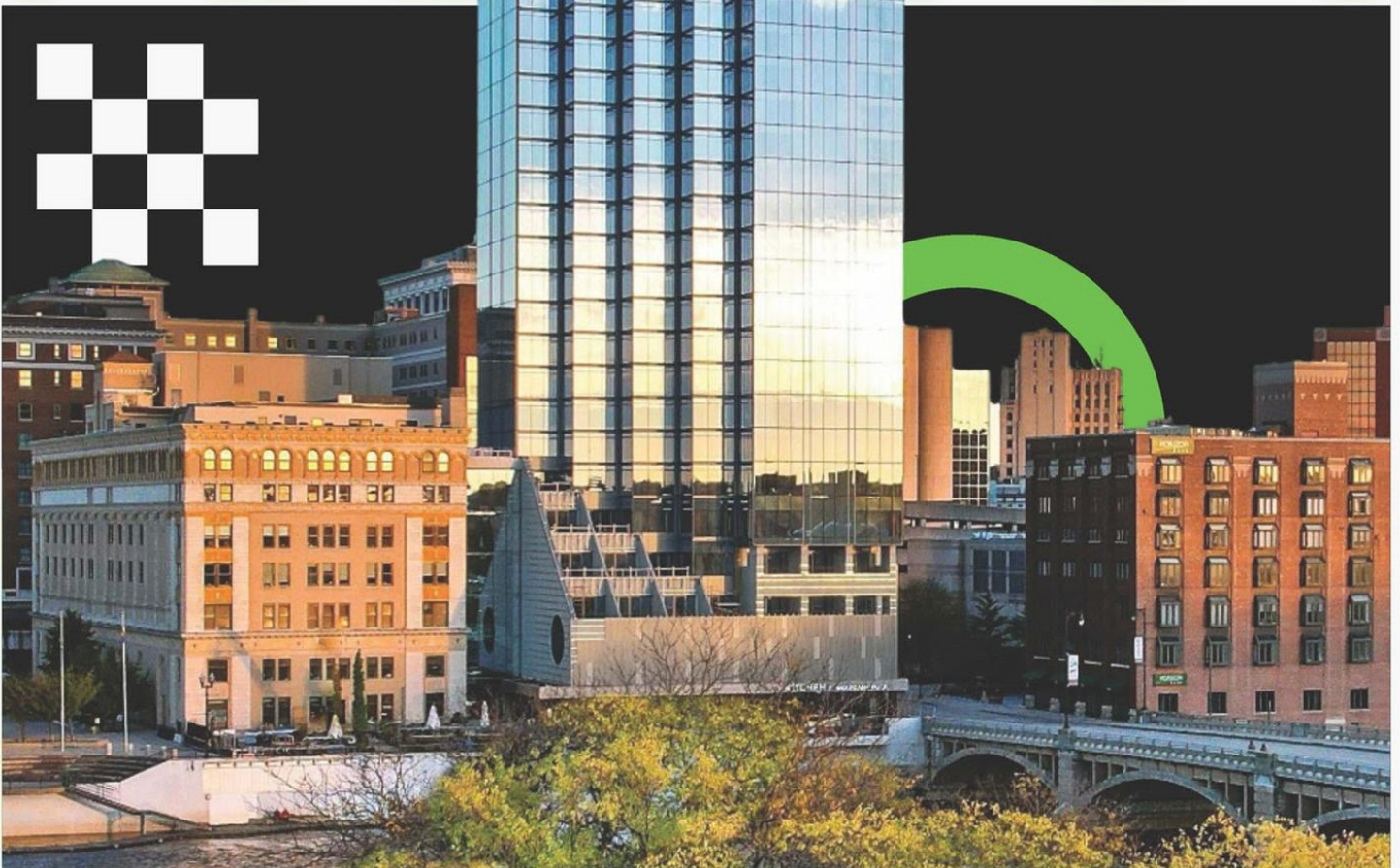
**ALL ARE
WELCOME!**

⇒ STRANGECAMELS.COM ⇒



ANNOUNCING:

66TH ICYPAA MICHIGAN



BOOK YOUR ROOM!
[HTTPS://TINYURL.COM/2S3V63DB](https://tinyurl.com/2S3V63DB)

**SEPT
3-6
2026** | **AMWAY
GRAND
PLAZA**



REGISTER NOW!



187 Monroe Ave NW, Grand Rapids, MI 49503



www.icypaa.org

A decorative border of various tropical leaves in shades of green, yellow, and blue surrounds a central dark green circle containing text.

Labor Day Luau

9/07/2026

1:30-4:00PM

AVL 12 CLUB

1 KENILWORTH KNOLL
ASHEVILLE, NC 28805

BRING FRIENDS, FAMILY, A SIDE DISH AND
COME CELEBRATE WITH US



SAVE THE DATE
12th Annual
**National AA
Technology Workshop**

Hybrid Format
September 11-13, 2026
San Francisco Bay Area
Concord, California

CO-HOSTED BY
AREA 06 TECH COMMITTEE
AND SF/MARIN INTERGROUP



FOR MORE INFO VISIT [NAATW.ORG](https://naatw.org)



VIRGINIA STATE CONFERENCE OF YOUNG PEOPLE IN AA

VSCYPAA XXX

1996 - 2026

SEPT 18-20 2026

- Sobriety Countdown
- Speaker Meetings
- Panel Meetings
- Workshops
- Dancing
- Games



“A SPIRITUAL EXPERIENCE WILL CONQUER”

pg. 44, We Agnostics

**REGISTER
NOW!**



VSCYPAA2026.com

Need a place to stay?

Hotel Rooms

\$139 a night

Holiday Inn Fredericksburg Conference Center
20 Sanford Dr, Fredericksburg, VA 22406

General Service Board of United States/Canada Southeast Regional Forum 2026



**September 18-19, 2026 • Hilton Raleigh North Hills,
Raleigh, NC**

You're Invited!

Join us for the 2026 Southeast Regional Forum—an opportunity for A.A. members and anyone interested in A.A. to connect, learn, and share.

Purpose of Regional Forums

Regional Forums strengthen communication and trust among A.A. members, the General Service Board, General Service Office staff, AA Grapevine/La Viña staff, and more.

Program Highlights

Presentations, workshops, and panels

Sharing sessions for questions, comments, and discussion

Moderated by the Southeast Regional Trustee

Sample Program: <https://www.aa.org/sites/default/files/literature/regional-forum-sample-program-en.pdf>

Interpretation:

Interpretation will be provided through an AI tool. Please bring a mobile device and ear buds or headset.

Registration

Registration is FREE and opens July 17, 2026. Pre-registration is encouraged; on-site registration will also be available.

<https://www.aa.org/event/2026-southeast-regional-forum>

Hotel Information

Hilton Raleigh North Hills

3415 Wake Forest Rd, Raleigh, NC 27609

Room Rate: \$169, (book by August 18, 2026)

Booking Link - Southeast Regional Forum | Hilton Raleigh North Hills

Call In Reservations: 919-872-2233

Group Code : 26SERF

More Information

regionalforums@aa.org • (212) 870-3120

We look forward to seeing you in Raleigh!



shutterstock.com · 2517039061

THE FELLOWSHIP GROUP

of

District 71

Invites you to a special edition

of

Friday Night Live

on

September 25th at 6:30PM!

“THE FELLOWSHIP PLAYERS”

Present

AA’s 12 Traditions Play

Calvary Episcopal Church

2840 Hendersonville Rd, Fletcher

In the Fellowship Hall

Followed by Dessert and Coffee

Comments and Critiques!

We’ll welcome a dessert to share!

2026

Workshop Weekend

ALCOHOLICS ANONYMOUS

BRIDGING

THE GAP

TEMPORARY CONTACTS



don't forget the
Kansas City
BBQ

September 25-27

Hilton Garden Inn

12080 S. Strang Line Road

Olathe KS 66062

(913) 815-2345

Hosted by
Area 25
District 10

Presentations ♦
Discussions ♦
Shared Experiences ♦
Breakout sessions ♦
Speakers ♦

ROOM RATE \$159 + TAX - CALL FOR RESERVATIONS
FLY TO KANSAS CITY INTERNATIONAL AIRPORT (MCI)

PLEASE PRINT CLEARLY
EMAIL

NAME

ADDRESS

breakout session topics you would like



SERVICE POSITION

PHONE

CITY STATE ZIP

(before June 30th) EarlyBird In-Person Registration \$50 ☐

Day-Pass (Saturday Only) \$40 ☐

Online Attendance \$60 ☐

In-Person Registration \$60 ☐

Saturday Nite Banquet \$45 ☐

Vegetarian ☐

Register Online at BTGWW.org or Mail this form and a check to:

BTGWW 1020 E 84th Terrace Kansas City MO 64131

TOTAL REGISTRATION _____

2ND ANNUAL

Rensselaer South Men's Retreat

AA District 80

October 1-4, 2026

Where: Hayesville, NC at the Hinton Retreat Center (Hinton Rural Life Center)
2330 Hinton Center Road, Hayesville, NC 28904

Cost: **\$310.00** – For 3 nights (October 1-4, 2026).

\$250.00 – For 2 nights (October 2-4, 2026).

Join us for a wonderful retreat experience in beautiful North Carolina near the Blue Ridge Mountains. The cost includes all meals and wooden dorm-style cabins with spectacular views, nestled in the wilderness of the mountains. Also available are 7 campsites with RV hook-ups - and let's not forget campfires!

The Retreat Center overlooks a beautiful lake. Additional activities available for extra cost include pontoon boat rides, a golf tournament, a motorcycle extravaganza (BYO motorcycle), and whitewater rafting. Activities will be planned for Thursday and Friday. Sessions begin Friday after dinner and continue through Sunday. This is your retreat - make the most of it!

Retreat - Reflect - Renew - Serve

- Inventory
- Connection
- Fellowship
- Labyrinth
- Meditation
- Spiritual Stock Taking

All information is on the flyer at the website!

Reserve Your Spot – Payment Options Go To:

<https://aawnc80.com/events/>



Alcoholics Anonymous

District 70 Fall Picnic

SUN
OCT 4th
NOON -
3PM



LUNCH

at 12PM



SPEAKER

at 1PM



DETAILS

Join us for an afternoon of fellowship, food, and fun

Bring a covered dish to share

All members, newcomers, and their families welcome.

Pavilion 1 @ Lake Julian
37 Lake Julian Rd, Arden, NC 28704



WNCCYPAA
Campout

OCT 16-18, 2026
BREVARD, NC

**REGISTER
FOR \$35**



AVLYPAA.COM



Kuykendall
GROUP CAMPGROUND

PISGAH
National Forest



AA SERVICE RALLY

District 70



**SATURDAY
OCTOBER 17**



**11:30 AM –
1:30 PM**



**CENTER FOR
SPIRITUAL LIVING**

2 Science of Mind Way
Asheville, NC 28806



Join us for an afternoon of
FUN, FOOD, FELLOWSHIP, AND INFORMATION!

Meet current trusted servants and learn about
the many ways you can get involved in carrying
the message through District 70 service.



*Whether you are new to service or looking for
a new way to contribute, there is a place for you.*



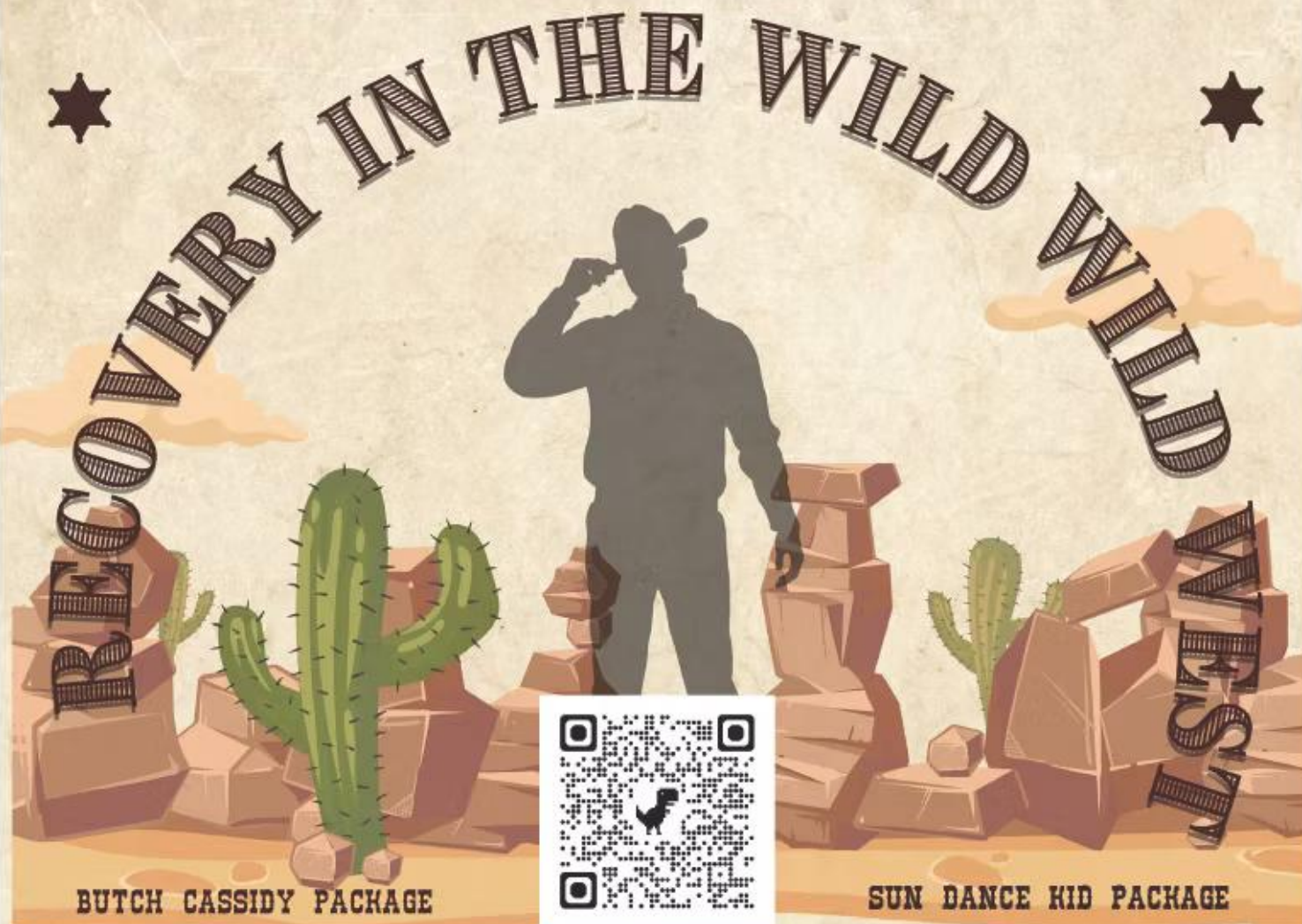
Lunch will be served!



*Trivia contests
with prizes*

● ● ● **ALL AA MEMBERS ARE WELCOME.** ● ● ●

NATIONAL CORRECTIONS CONFERENCE 2026



BUTCH CASSIDY PACKAGE

REGISTRATION: BANQUET,
ICE CREAM SOCIAL,
HOSPITALITY ROOM,
T-SHIRT, COFFEE MUG
\$140.00

CALAMITY JANE PACKAGE

REGISTRATION:
HOSPITALITY
T-SHIRT
\$80.00

SUN DANCE MID PACKAGE

REGISTRATION: BANQUET,
HOSPITALITY ROOM,
T-SHIRT
\$ 130.00

NOVEMBER 13-15 2026

LITTLE AMERICA HOTEL

SALT LAKE CITY, UTAH

FOR MORE INFORMATION CONTACT KRISTEN = KRISTENDYER2026@GMAIL.COM
MATT = MATTY123@MAC.COM

Attend the 63rd International Women's Conference



Buffalo, New York, welcomes you to the 63rd International Women's Conference (IWC) where women from around the world gather to share the language of the heart. Whether this is your first time or you're an annual attendee, attending in person or online, we hope you'll find joy in sisterhood as we come together to celebrate our shared solution.

REGISTER online



www.internationalwomensconference.org

- In Person - \$68
- Online - \$30

MEALS

Friday Night Banquet - \$75
Saturday Night Banquet - \$85
Sunday Morning Brunch - \$45
All 3 meal package - \$175



TOURS

Tour details may be found on the [website](#)

Niagara Falls - \$100
Buffalo Art Museums - \$72
African American Heritage - \$40
Winter Wonderland - \$35
City of Lights - \$75
Best of Buffalo Culinary - \$75

The hotels listed below are all within reasonable walking distance to the Convention Center.

- Hyatt Regency – Primary hotel with bridge connection to Convention Center.
- Statler Buffalo – Directly next to the Buffalo Convention Center
- Hilton Garden Inn – 0.2 mile walk
- Curtiss Hotel – 0.2 mile walk
- Holiday Inn Express – 0.4 mile walk to the Buffalo Convention Center or 0.2 Mile walk to Hyatt & covered bridge connection
- Hotel at the Lafayette – 0.3 mile walk
- Embassy Suites – 0.3 mile walk
- Hampton Inn & Suites – 0.3 mile walk
- The Westin – 0.3 mile walk

Buffalo Convention Center
153 Franklin Street
Buffalo, NY 14202
February 11-14, 2027



38th Annual



“FREEDOM FROM BONDAGE”

Area 51 A.A. Corrections Conference



March 12, 13, 14 2027

Hampton Inn & Suites
200 Columbus Drive
Aberdeen, NC 28315



Conference Registration Fee: \$35.00

Register and pay for the Conference:

www.nccorrectionscommittee.org/#conference

Hotel Room Rates: -

Standard Room \$144.00, Suite \$164.00

Reserve Your Hotel Room: -

www.nccorrectionscommittee.org/#conference

- ❖ Inspiring Speakers
- ❖ Informative Panels
- ❖ Correctional Archives
- ❖ Volunteer Resources
- ❖ Fellowship & Fun
- ❖ Sweet Thangs



Call Hotel: 910-693-4330

Group Discount Code: CHHFRE

Reserve by February 12 to get Group Rate

Registration opens at 2:00 pm on Friday

For more information:

Email: coordinator@nccorrectionscommittee.org

www.nccorrectionscommittee.org



----- (Mail In Registration Below) -----

38th Annual Freedom from Bondage

Area 51 A.A. Corrections Conference

Registration rate \$35

Name: _____

City: _____

Email: _____

Correctional Facility You Attend: _____

Are you Willing to Volunteer at FFB? _____

Make checks payable to:

“NCGSC” and mail to:

FFB38

P.O.Box 37654

Raleigh NC 27627