

AUGUST Mountain Doin's 2026



Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Central Office is open
Monday-Friday 10am-1pm

(828) 254-8539
24/7

Or email us at:
info@wncaa.org

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Where to Find Meetings

Printable In-person Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



"I am responsible.
Whenever anyone,
anywhere, reaches out for
help, I want the hand of
AA always to be there.
And for that: I am
responsible."

1965 AA International Convention in Toronto
former AA trustee, Al S. Author

BREAKING NEWS

NCMCO Board Vacancy Announcements!

The following important positions are open on the NCMCO Board:

12th Step Call Coordinator (for the remaining 2025-2026 term)

Average time - 1-3 hours per week

Will have responsibility for maintaining the 12th Step phone call volunteer list.

Will Recruit new volunteers.

Will Work with the Office Manager to keep the 12th Step volunteer list information current.

Shall have at least three (3) years of continuous sobriety.

Web Administrator (2 year commitment)

Average time - 1-3 hours per week

Responsible for maintenance and development of the existing NCMCO WordPress web site at <https://wncaa.org> in accordance with Central Office policies and A.A. Internet Guidelines.

Shall have at least three (3) years of continuous sobriety.

If you are interested in volunteering for either position, please contact Central Office at (828) 254-8539 during business hours — 10 AM to 1:30 PM, Monday through Friday email at: info@wncaa.org or attend the next COR/Board meeting **Thursday, September 10, at 6:00pm.** (Details and login on the website calendar.)

For details and login information - see the website for zoom link: <https://wncaa.org/index.php/event/ncmco-general-committee-meeting-zoom-4/>

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January 2016	February 2016	March 2016	April 2016
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September 2016	October 2016	November 2016	December 2016
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Step of the Month

Step 8:

"Make a list of all persons we had harmed and willing to make amends to them all"

Tradition of the Month

Tradition 8:

Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.



Members of Districts 70, 71 and 80

Let's stay connected!

Include everyone in your AA special events or opportunities!

**Please send any news or event updates by the 20th of each month to :
news@wncaa.org**

NCMCO NEWS

Volunteers Needed 12 Step work from Home!

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Shifts available and you can do it from the comfort of your own phone!

Most nights don't see more than a call or two, rarely after 10 or 11pm.

Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide. One year of sobriety is required.

Information can be found at:

<https://wncaa.org/index.php/about-ncmco/service>
(scroll down to "After-Hours Phone Volunteer")
Or call Central Office at (828) 254-8539.

Call & Visitor Log June 2026

12 Step Calls - 10
General Info - 7
Family Help - 1
Meeting Info - 28
Central Office Business - 31
Medical/Detox - 0
Visitors - 54
After-hours calls - 40



Cash on Hand as of 6/30/2026

Prudent Reserve
\$16,176.12

Operating Account
\$7,276.45

Rent Deposit - \$900.00

Petty Cash - \$50.00

COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) may vote so we encourage your group to elect a COR. Your input is important to us.

The next General Committee meeting will be **Thursday, September 10, at 6:00 pm**, via Zoom:
Meeting ID: 757 855 2319; Passcode: 000000.

For updated meeting information and Zoom link, check the website:
<https://wncaa.org/index.php/events/>



Profit & Loss YTD

	Jun 2026	Jan 1 - Jun 30 2026 (YTD)
Revenue		
Contributions		
Group Contributions	1,611.19	17,907.28
Individual Contributions	2.62	65.49
Total for Contributions	\$1,613.81	\$17,972.77
Interest on Money Market		6.68
Sales Income		
Literature & merchandise	1,861.38	17,077.11
Shipping charged to groups	51.34	356.39
Total for Sales Income	\$1,912.72	\$17,433.50
Total for Revenue	\$3,526.53	\$35,412.95
Cost of Goods Sold		
Cost of Goods Sold		
Credit Card Processing		
PayPal Fee	56.04	175.50
Total for Credit Card Processing	\$56.04	\$175.50
Freight - vendor shipping	27.84	217.97
Literature & merchandise-COGS	1,332.64	12,900.59
Shipping to groups	70.40	371.55
Total for Cost of Goods Sold	\$1,486.92	\$13,665.61
Inventory Shrinkage	48.95	129.91
Total for Cost of Goods Sold	\$1,535.87	\$13,795.52
Gross Profit	\$1,990.66	\$21,617.43
Expenditures		
Accountant fees		75.00
Computer Expenses		3.21
Event Expenses	103.01	103.01
Office Supplies		134.92
Payroll Expenses		
Gross Salary	1,644.80	10,668.80
Payroll Taxes (Company)	125.82	816.12
Total for Payroll Expenses	\$1,770.62	\$11,484.92
Rent	936.00	5,616.00
Telephone & Internet		
Office Telephone/Internet	89.07	733.85
Virtual Meetings	5.21	90.16
Web Expenses	\$0.00	49.09
Total for Telephone & Internet	\$94.28	\$873.10
Total for Expenditures	\$2,903.91	\$18,290.16
Net Operating Revenue	-\$913.25	\$3,327.27
Net Revenue	-\$913.25	\$3,327.27

Does your group have a

COR?

(Central Office Representative)

What are Central Office Representatives and What are their Duties?

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!
What are we doing well? What can we improve upon?
How can we serve Districts 70, 71 and 80 more effectively?
What might we do to draw more participation from groups?

Please send your feedback to: info@wncaa.org

Better yet, attend the next bimonthly COR/Board meeting on Zoom.
See the Central Office website for more details:

<https://wncaa.org/index.php/events/>

Contributions

Group Contributions:

	Jun 2026	YTD
12 & 12 Study Group - 000090348		\$37.00
Acceptance Group - 000092265		\$964.63
Agnostics Atheists Free Thinkers Grp - 000092498		\$200.00
As Bill Sees It Group (Franklin) - 000442480		\$42.75
Big Town Group - 000096080		\$349.07
Black Mountain Group - 000096165		\$50.00
Brevard AA Online - 000453800		\$283.91
Brevard Serenity Group - 000096758		\$171.10
Bryson City Group - 000097273		\$27.47
Candler K.I.S.S. Group - 000098073		\$275.00
Cashiers Valley Group - 000098360		\$315.40
Clear Cut Direction Group - 000743652		\$100.00
Common Sense Group - 000099801	\$150.00	\$150.00
Conscious Contact Group - 000099980		\$373.53
Cullowhee Valley Group - 000100669		\$120.00
Cumberland Group - 000100676	\$50.00	\$87.50
Daily Decisions Group - 000100743	\$458.41	\$863.65
Fellowship Group (Fletcher) - 000104116	\$184.56	\$649.53
Good Livers Group - 000107590		\$600.00
Grace Group (Asheville) - 000107789		\$1,806.84
Grace Group (Scaly Mtn) - 000746005	\$50.00	\$50.00
Hendersonville Group - 000110033		\$750.00
Hendersonville Men's Group - 000044576		\$53.39
Hendersonville Midday Group - 000110035		\$100.00
Hey Girl, Surrender Group - 000392207		\$250.00
High Noon Group - 000110266		\$200.00
Joy Of Living Group - 000112527		\$117.80
Let Go Absolutely Group - 000403031		\$150.00
Liars Club		\$100.00
Lost and Found Group - 000427291	\$39.69	\$92.56
Mars Hill Group - 000017945		\$225.00
Motley Crew Group - 000390376		\$204.00
Mountainview Group - 000027730		\$23.34
New Freedom Group - 000032374		\$431.00
No Name Group (Murphy) - 000036859		\$200.00

Noontime Big Book Study Group - 000409637		\$97.20
Phoenix Group - 000049062	\$65.50	\$403.70
Pine Grove Group		\$250.00
Pisgah Group - 000049661		\$150.00
Practicing Principles Group - 000051260	\$29.40	\$55.70
Primary Purpose Group - 000035382	\$160.00	\$160.00
Recovery By The River Group - 000055540		\$259.56
Round Table Group - 000059337		\$90.00
Safe And Sound Women's Group - 000060517		\$204.54
Saturday Morning Men's Meeting		\$125.00
Serenity Service Group - 000068387		\$402.98
Sober Sisters Group (Burnsville) - 000460489		\$50.00
Sober Sisters Group (Flat Rock) - 000073208		\$323.56
Solutions Group - 000074739		\$523.28
South Asheville Literature Group - 000075329	\$50.00	\$100.00
Speed Bump Group - 000053487		\$200.13
Spruce Pine Group - 000077533		\$250.00
St John in the Wilderness Early Bird Grp - 000078454		\$160.00
Strange Camels - Brevard		\$100.00
Surrender Group (Blk Mtn) - 000086090		\$119.50
Sylva AA - 000086394	\$42.00	\$114.00
The Open Meeting Group - 000418805		\$238.20
The Out To Lunch Bunch Group - 000408968		\$100.00
The Really Big Big Book Group - 000743378		\$45.00
The Rule 62 Group - 000724698		\$62.00
Three Legacies Group - 000006439	\$10.00	\$10.00
Waynesville Grace Group - 000022141		\$1,328.83
Waynesville Grace Group Tuesday Night		\$50.00
West Asheville Women's Group - 000030473	\$321.63	\$321.63
Women of Courage Group - 000036989		\$950.00
Women's Way Group 000513711		\$148.00
Young People's Group - 000042150		\$100.00
Total Group Contributions:	\$1,611.19	\$17,907.28

How ARE we "Self-Supporting?"

Suggestions & Addresses for sending Donations to the A.A. Service Structure*

Revised for 2026

NOTE: New address for District 80

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO
70 Woodfin Place
Suite 212
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 11104
Wilmington, NC 28404

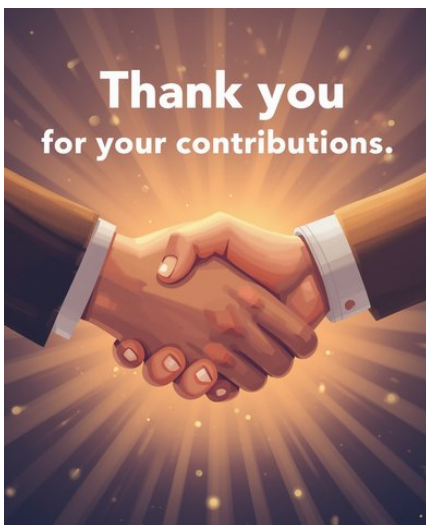
District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC 28793

District 80 Treasurer
486 Wooten Rd
Franklin, NC 28734



Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!





Happy Anniversary!



Name	Sobriety Date	Years
Acceptance Group		
Mike D.	8-13-2018	8 yrs
Anna P.	8-13-2024	2 yrs
Jonathan C.	8-15-1985	41 yrs
Willetta	8-15-1988	38 yrs
Emilie W.	8-19-2024	2 yrs
Dana S.	8-23-2022	4 yrs
Ian H.	8-27-2023	3 yrs

Back to Basics Group - Weaverville		
Matthew S.	8-08-2018	8 yrs
Denis O.	8-09-1985	41 yrs

Black Mountain Group		
Dave P.	8-20-2023	3 yrs
Jacqueline	8-28-1998	28 yrs

Burnsville Group		
Jim I.	8-10-1996	30 yrs
Blake S.	8-26-2022	4 yrs

Conscious Contact		
Denise D.	8-13	

Cumberland Group		
Lynda M.	8-06-1985	41 yrs

Daily Decisions Group		
Susan M.	8-11-2018	8 yrs
Trink F.	8-16-2006	20 yrs
Will L.	8-16-2016	10 yrs
Matt M.	8-18-2009	17 yrs
John D.	8-22-2002	24 yrs
Myles R.	8-24-1986	40 yrs
Frank H.	8-28-1989	37 yrs

Fellowship Group		
Stacey B.	8-05-2024	2 yrs
Caroline W.	8-09-2016	10 yrs
David P.	8-14-2022	4 yrs
Jason B.	8-14-2022	4 yrs
Annie B.	8-19-2012	14 yrs
Charlene O.	8-20-2002	24 yrs
Marsha K.	8-20-2022	4 yrs
Chuck S.	8-20-2024	2 yrs
Casey M.	8-22-2022	4 yrs
Ann B.	8-23-2022	4 yrs
Jim F.	8-23-2024	2 yrs
Phil I.	8-23-2024	2 yrs
Shiela W.	8-30-2022	4 yrs
Mitchell C.	8-31-2024	2 yrs

Fireside Group		
Rick D.	8-03-2023	4 yrs
Jeff R.	8-05-2024	3 yrs
Mike J.	8-12-2016	11 yrs
Barb E.	8-21-1990	37 yrs

Name	Sobriety Date	Years
Good Livers Group		
Celia S.	8-18-2003	23 yrs
Sheldon W.	8-23-1979	47 yrs
Jeannie M.	8-28-1985	41 yrs

Grace Group		
Chris H.	8-03-2020	6 yrs
Maya C.	8-04-2020	6 yrs
Russell C.	8-05-2011	15 yrs
David W.	8-12-2007	19 yrs
Denise L-D.	8-13-1999	27 yrs
Seleste P.	8-17-2020	6 yrs
Sarah H.	8-20-2016	10 yrs
Emily S-C.	8-22-2019	7 yrs
Rory M.	8-28-2012	14 yrs
Anne Marie B.	8-31-2013	13 yrs

Hendersonville Group		
Gretchen S.	8-01-2025	1 yr
Olivia Mc.	8-06-2023	3 yrs
Bo M.	8-11-2025	1 yr
Nikki O.	8-12-2023	3 yrs
Tom P.	8-15-1995	31 yrs
Kimberly L.	8-15-2023	3 yrs
Alan W.	8-20-2024	2 yrs

Hendersonville Men's Group		
Michael J.	8-12-2016	10 yrs
Ken B.	8-13-1984	42 yrs
Brian G.	8-28-1990	36 yrs
Michael L.	8-31-1989	37 yrs

Hey Girl, Surrender Group		
Rebecca M.	8-12-2014	12 yrs
Kari K.	8-20-1987	39 yrs

Mars Hill Group		
Lynda H.	8-20-1985	41 yrs

Mission Group		
David H.	8-02-2013	13 yrs
Kay G.	8-14-1982	44 yrs

Noontime Big Book Study Group		
Liz H.	8-13-2022	5 yrs

Serenity Now Group		
Sadie R.	8-01-2003	23 yrs
Dean W.	8-09-1991	35 yrs

Sober Sisters Group of Burnsville		
Susan M.	8-03-2021	5 yrs
Lori Von K.	8-22-2015	11 yrs

Surrender Group - Black Mountain		
Doug G.	8-20-1987	39 yrs

Name	Sobriety Date	Years
Total Surrender Group		
Ryan C.	8-01-2004	22 yrs
Martha R.	8-22-2000	26 yrs
Dan A.	8-31-2021	5 yrs

Traditional Group		
James F.	8-01-2021	5 yrs
Charles W.	8-01-2022	4 yrs
Patrick H.	8-05-2021	5 yrs
Jamie W.	8-06-2016	10 yrs
Richard T.	8-07-1984	42 yrs
Logan S.	8-09-2021	3 yrs
Matthew B.	8-09-2022	4 yrs
Saul R.	8-12-2021	5 yrs
Neill T.	8-30-2011	15 yrs
Ryan N.	8-31-2021	5 yrs

Waynesville Grace Group		
Joe S.	8-05-2012	14 yrs
Lisa L.	8-08-2015	11 yrs
Leroy M.	8-11-1994	32 yrs
Pamela W.	8-27-1996	30 yrs

West Asheville Women's Group		
Lex T.	8-14-2022	4 yrs
Colleen L.	8-17-2025	1 yr
Justine D.	8-24-2022	4 yrs
Hannah R.	8-28-2011	15 yrs

Women of Courage		
Bobbie K.	8-06-2004	22 yrs
Sara D.	8-08-2006	20 yrs
Ana A.	8-16-2022	4 yrs
Iman Q.	8-19-2023	3 yrs
Annette H.	8-20-1990	36 yrs
Suzanne I.	8-20-2016	10 yrs
Liz M.	8-24-2000	26 yrs
Michelle D.	8-24-2022	4 yrs



Need to update your Group's anniversary list?

Call Central Office:
(828) 254-8539, or
send a new list to:
info@wncaa.org

The September newsletter deadline for sending in anniversaries and announcements is August 20.

Congratulations



Special Meetings and Events



**** Denotes District 70, 71 and 80 special meetings and events!**

**** Area 51 Accessibility Workshop Series.** August 3, 3-5 PM. Episode 7: "Making your Meeting More Accessible."
<https://aanorthcarolina.org/a51-event/area-51-accessibility-workshop-series/>

Serenity in the Scenic City. August 21-23. Doubletree by Hilton, 407 Chestnut St. Chattanooga, TN 37402. For more information see flyer or go to: <https://serenityinthesceniccity.org/>

66th ICYPAA Conference. September 3-6. The Amway Grand Plaza Hotel, 187 Monroe Ave NW, Grand Rapids, MI 49503. For more information see flyer or go to: <https://www.icypaa.org/>

12th Annual National AA Technology Workshop. Circuits of Service: How Technology Helps Carry the Message. September 11-13. Hilton Concord. 1970 Diamond Blvd, Concord, CA 94520. For more information go to: <https://naatw.org/2026-naatw-workshop/>

**** WNCYPAA Annual Campout.** October 16-18. Kyukendall Group Campground, Pisgah National Forest, Brevard, NC. For more information see flyer with QR code or go to: avlypaa.com.

SERF Southeast Regional Forum 2026. September 18-20. Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh, NC 27609. For more information go to: <https://www.aa.org/regional-local-and-special-forums>

**** Fellowship Group in District 71 invites you to a special edition of "Friday Night Live".** September 25, 6:30 PM. Calvary Episcopal Church, 2840 Hendersonville Rd., Fletcher, NC. See flyer.

Bridging the Gap - Workshop Weekend. September 25-27. Hilton Garden Inn, 12080 S. Strang Line Road, Olathe, KS 66062. For more information go to: <https://www.btgww.org/>

**** Rensselaer South Men's Retreat.** October 1-4. Hinton Retreat Center, Hinton Center Rd, Hayesville, NC 28904. For more information see flyer or go to: <https://aawnc80.com/event/rensselaer-south-mens-retreat>

**** AA Service Rally District 70.** October 17, 11:30 am - 1:30 pm. Center For Spiritual Living. 2 Science of Mind Way, Asheville, NC 28806. For more information see flyer below or go to: <https://wncaa.org/events/list>

NC Area 51 Conferences and Events. <https://aanorthcarolina.org/a51-events/>

National Corrections Conference 2026: "Recovery in the Wild Wild West." November 13-15. Little American Hotel, Salt Lake City, Utah. For more information see flyer or go to: <https://www.nationalcorrectionsconference.org/>

INTERNATIONAL WEBSITES FOR MORE INFORMATION, EVENTS AND ARTICLES

GSO in New York: For events around the country and the world, as well as great articles and information, go to: <https://www.aa.org/> and Box 459 Bulletin Board: https://www.aa.org/sites/default/files/newsletters/F-36_spring2026_0.pdf

AA World Services Board Update:

https://www.aa.org/sites/default/files/newsletters/AAWS_Highlights_Jan_March_2026.pdf

International Conference of Young People in Alcoholics Anonymous (ICYPAA): <https://www.icypaa.org/about-icypaa>

The Service Express

District 70

GSR Business Meeting – Meetings are held the 2nd Sunday of the month. The next meeting will be **Sunday, August 9, at 2:30pm**. It will be a hybrid meeting, with **Zoom** capability: Meeting ID: 933 8500 3069; Passcode 672458, and an in-person meeting at **St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805**. 

NOTE: Monthly business meetings will begin at 2:00 PM starting in September!

Accessibilities Committee – The Chairperson is Carolyn O. Want to make sure your A.A. group or event is accessible to all? Contact Carolyn at access@ashevilleaa.org for an Accessibilities Checklist. The Accessibilities Committee meets the last Saturday of every month at 4:00pm. Go to the NCMCO website calendar for the Zoom link: <https://wncaa.org/index.php/events/> Look for Episode of Area 51 Accessibility Series: "Making Your Meeting More Accessible." (see Special Events Newsletter Page for Zoom information.)

Archives Committee – The Chairperson position is open. If you're interested in standing as the Archives Chair and want more information, please contact the DCM, Tammy Z, at dcm@ashevilleaa.org.

CPC/PI Committee – The Chairperson is David. These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact David at cpc-pi@ashevilleaa.org.

Corrections Committee – Meetings are open in all facilities. We are always looking for new volunteers for all facilities, and we need volunteers for the Pre-Release program. This is rewarding 12th Step work, helping those on the inside transition to the outside. The Women's prison in Black Mountain is having an orientation **Monday, September 14, at 6:30pm**. Buncombe County Jail is having an orientation in July. The date will be released soon. If you would like to sign-up to volunteer, please contact Liz P. Also, please keep your eyes out for The Pink Can! This is for the Corrections Committee. The donations collected are for literature that we bring to the prisons and jails. If your group does not have a can, please pick one up at Central Office or reach out to Liz or Mitch and we will bring one to you. The Area 51 Corrections Team now has a website. Please check it out at: www.nccorrectionscommittee.org. For more information about Corrections or to become a volunteer, please contact: Liz P, the Women's Corrections Chair, at: corrections_women@ashevilleaa.org, or preRelease@AshevilleAA.org or Mitch R, the Men's Corrections Chair, at corrections_men@ashevilleaa.org

Literature and Grapevine Committee – The Chairperson is Lynn H. She can be reached at: literature@ashevilleaa.org. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events.

Technology Committee – The Chairperson is George M. If anyone is having trouble getting a hybrid or online-only meeting going, or having technical issues, please reach out to George at: technology@ashevilleaa.org and he can offer support.

District 70 - continued

Treatment Facilities Committee – The Chairperson is Melissa. If you're interested in helping with the Treatment Facilities Committee or chairing an AA meeting at a treatment facility, see flyer and contact Melissa at treatment@ashevilleaa.org.

"Bridging the Gap" (with treatment facilities) – The Chairperson is Monica. This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from "inside" the program to life on the "outside". They particularly need women volunteers. If you are interested in volunteering, please attend the next GSR meeting or contact Monica at bridgingthegap@ashevilleaa.org

For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org 

District 71

GSR Meeting – held on the 2nd Saturday of the month. The next meeting will be **Saturday, August 8, at 9:30am**, at the **Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739**. All A.A. members are welcome! They need more volunteers for Henderson County jail.

There is still an opportunity for 2026-2027 service positions as Accessibilities Coordinator and Bridging the Gap Coordinator. If you have questions about any of those positions you can contact Mary Jo, the new District 71 DCM, by email: nc71aa@gmail.com or through the District 71 website: <https://www.nc71.org/contact> 

District 80

GSR Meeting – held quarterly. The next meeting will be on **Sunday, October 11, at 1:30pm**. All GSRs are encouraged to attend and share their Group's experience, strength and hope.

This will be a hybrid meeting with Zoom capability as well as an in-person meeting. The in-person location will be on the **WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm)**. They will be using the WCU Zoom system; the meeting ID will be provided on the invite emailed to participants before meeting; no password required. Check their website for meeting updates and links: <https://aawnc80.com/>

Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

District 70: Email: registrar@ashevilleaa.org

District 71: Use the form at: <https://www.nc71.org/meeting-change-form>

District 80: Email: webmaster@aawnc80.com

NOTE to all District DCMs and Committee Chairs:

Please send updates that you would like included in the next issue of the Mountain Doin's. If possible, we would like to have the information by the 15th of the month, but no later than the 25th. Email: news@wncaa.org.

Thank you! for all you do!

August Grapevine now available!



Sober Travel

The August issue is "Sober Travel!" featuring fun, helpful stories by AA members about getting out and going places in sobriety, and the many ways we stay sober while on the road and in the air.

<https://www.aagrapevine.org>



**Mother Earth, Father Sky,
God & me**

BY: R.J. | MUSCLE SHOALS, ALABAMA

When I had 11 years of sobriety I started feeling the need to put a name to my Higher Power. I've always been open and have sought out a lot of religions.



When I had 11 years of sobriety I started feeling the need to put a name to my Higher Power. I've always been open and have sought out a lot of religions. But the only things that have opened and touched my heart in a spiritual way were the things I heard and read in AA and the Native American spiritual way of life.

I'm an outdoors person, and I've always seemed to connect to something spiritual when I go on backpack trips alone. So I thought maybe I could find and put a name to my God if I took a spiritual journey in nature.

I'm 70 years young now, and riding a dirt bike sounded a whole lot better than carrying a 30-pound backpack with my worn-out knees. Besides, I love riding on trails. So after a blessing from my wife, I packed my tent, sleeping bag, some food and my latest Grapevines. I came up with a trail from Alabama to Maine and up to Canada. I got on my little dirt bike and headed north for a four-week spiritual journey. Just me, Mother Earth, Father Sky and God.

After a week into my trip, I thought it strange that I had not felt the loneliness and insecurity that has always given me the need to connect to something spiritual. But looking back I now see I was connected from the very start. I was seeking something I already had.

One day in the Northeast it started to rain and looked like rain for a couple of days, so I searched for a place to stay dry for the night. My GPS took me to a little town in Rockingham, Vermont, population 476. I looked around and got a hotel room for the night. After cleaning up and eating from my camp sack I went out to the front porch and talked with a man and woman as we watched it rain. After a while the man asked if I wanted a beer.

AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. August 15 for the September issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ?") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Pl, Suite 212, Asheville, NC 28801, or emailed to: news@wncaa.org

**If you have any questions, give us a call: 828-254-8539.
We look forward to hearing from you!**

I said no thank you. Then he asked if I wanted to smoke some pot. I finally told him I've been sober 11 years. I was hoping he would stop trying to get me high! When the man left to get his beer the woman with him said she was 16 years sober and asked if I was going to the Wilson house? "What the heck is the Wilson house?" I asked. She said that it was the inn Bill W.'s parents ran and where AA's cofounder was born. Bill and his wife Lois were laid to rest near there. She said it was less than 45 miles away. I was dumbfounded. I had no idea any AA-related history was even in Vermont. I always thought everything was in Akron and New York. So the next morning I packed up and headed off to visit it. On my way there I could feel the spirit of Mother Earth and Father Sky guiding me.

When I got to the Wilson house I was the only visitor there, so I got the full tour. I also got a full pot of coffee! After the tour the nice woman there asked if I would like to go to Bill's childhood home across the street "Yes, please!" I said. She gave me the key and said to be sure to lock it up when I was done. When I walked into the house I could feel the presence of my Higher Power, Mother Earth, Father Sky, my father, my late sponsor and Bill W. I knew they all worked together to get me to this place in my life. I was right where I was supposed to be. I dropped to my knees and started crying. "Thank you God," I said out loud. It was a spiritual awakening.

While all this was happening an AA friend texted me a photo of a book to read. I had asked him a while back about Native American spirituality. What a coincidence. That's what I was feeling in my heart right then. After about an hour I locked up the house and went back to the inn and texted my AA friend about where I was and the spiritual moment I was having.

When I gave the key back, the woman at the inn asked me where I was from, and I told her Alabama. She said there was a volunteer at the inn who was from Alabama. She asked if I would like to meet him. "I sure do!" I said. When we met I shared with him the spiritual journey of how I got there and my spiritual experience. We had a wonderful talk. It turned out we lived only 50 miles apart. He knew my late sponsor and had gone to meetings in my area. What a visit. I believe that day gave me more answers and faith than all my 70 years of life.

My road trip lasted two more beautiful weeks. My new faith helped me see the unseen. From the rain that took me to an inn, to the people on the porch who got me to say I was sober, to the woman guiding me to Bill W.'s birthplace, which gave me a spiritual awakening and showed me that my Higher Power lives strong in AA and in all things. I discovered that when I'm in nature or doing the AA program it's much easier to stay in the spiritual world and out of the material world. It helped me see that I should keep doing what I'm doing.

How else could a 70-year-old alcoholic searching for his Higher Power, on a trail from Alabama to Maine, find himself at Bill W.'s birth house more than 1,100 miles from home, when he had no idea it even existed? Before I would have called this a coincidence, but today I know it's following and living my spiritual signs. As long as I'm seeking there's no wrong road.

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JOIN US AT THE

NCMCO General Committee Meeting

2nd Thursdays of Odd
Numbered Months
Online from 6 to 8 PM

Zoom Meeting ID
757 855 2319
Password: 000000

Learn what's happening at Central Office
and share your voice to help serve
alcoholics in Western North Carolina.

Central Office Representatives and Board Members have voting power.
Anyone with a desire to stop drinking is welcome to attend.

info@wncaa.org || www.aancmco.org || (828) 254-8539

PreRelease Program

The purpose of this program is to connect the incarcerated AA member with Alcoholics Anonymous in their community upon their release.

VOLUNTEER RESPONSIBILITIES

1. Make initial contact with the inside AA member via correspondence within two weeks of being matched, and maintain communication with inside AA member through their release.
 - All correspondence is routed through the District 70 PO Box, not through your personal home / mailing address. See separate flyer with more details.
2. Arrange to meet the inside AA member upon their release.
3. Take the inside AA member to an AA meeting within 24-48 hours of release. It is suggested that the first meeting be viewed as a Twelfth Step call, thus taking another AA member with you.
4. You and a friend take them to 3-6 AA meetings. During this time, you help them get acquainted, get phone numbers, and perhaps locate a sponsor and a home group.
5. Review the PreRelease Program with the ex-inmate to avoid misconceptions of what this program does and does not do.

WHAT volunteers are NOT:

1. Responsible for the member's attitude or actions in or out of meetings.
2. Responsible for carrying the alcoholic, as in DO NOT:
 - a. loan money or any thing of value
 - b. become a personal taxi service
 - c. have an emotional or romantic interlude
3. Intended to become the released person's sponsor. You assist with the transition into the AA fellowship and onto the broad highway of recovery through the AA program.

It is suggested that the AA volunteer has completed the Twelve Steps and/or one year of continuous sobriety.

Would you like to know more or get involved? Contact PreRelease at:

PreRelease@AshevilleAA.org

District 70

Attn: PreRelease

PO Box 8574

Asheville, NC 28814-8574

DISTRICT 70 CORRECTIONS

CARRY THE MESSAGE



AA Volunteers Needed

Help bring meetings and the message of recovery to local treatment centers.

OPPORTUNITIES INCLUDE:



Speaking at meetings



Sharing your experience, strength, and hope



Helping newcomers connect with AA

“

*When anyone, anywhere reaches out for help,
I want the hand of AA always to be there.*

”

INTERESTED?

Get involved with District 70's Treatment Committee:



Email: Treatment@AshevilleAA.org

Resource Flyer

Courtesy of District 70's Literature/Grapevine subcommittee



Did you know that we have a local store at our AA Central Office for literature, coins, newcomer pamphlets, etc.?

Did you know that the AA Grapevine now has an app where you can access articles, track sober time, keep in check with a daily spiritual maintenance checklist and gratitude list, access the AA Grapevine YouTube channel, and so much more?

These resources may be helpful to your own sobriety or may be great gifts for anniversaries. The QR codes below can help you easily find the resources you need. They support our local AA and all of us! Just point your camera at the QR code and click the yellow link that pops up! Enjoy and thank you for your support!

Grapevine App (iPhone)



Grapevine Website



Grapevine App (Android)



Mountain Central Office



NC Area 51



AA.org



Serenity in the Scenic City

August 21-23, 2026



An AA conference with Al-Anon Participation

And Great Events will come to Pass!

DoubleTree by Hilton

407 Chestnut Street

Chattanooga, TN

37402

423-756-5150

Room Rate : \$155.00

Reservation Code: SIC

Reserve by: 07/15/2026

Speakers

Step 1 / Misoon W. Naples, FL

Steps 2 & 3 / Jack W. Carbondale, CO

Steps 4 & 5 / Cyndi M. Louisville, KY

Steps 6 & 7 / Ralph W. Los Angeles, CA

Steps 8 & 9 / Misoon W.

Steps 10 & 11 / Jack W.

Step 12 / Cyndi M.

Al-Anon / Larcine G. Hawthorne, CA

Life story / Ralph W.

Pre-registration: \$35.00 until 02/28/26

\$40.00 until 08/15/2026

\$45.00 at the door

For additional information or questions, please email or call:

Hostcommittee@yahoo.com or (318) 308-0891 or (828) 793-1139

Please make check or money order payable to "Host Committee" and mail to:



Serenity in the Scenic City

P.O. Box 22602

Chattanooga, TN 37422



You can register at www.Serenityinthesceniccity.org

Mastercard, Visa, Discover and American Express accepted on Square

Please complete and send bottom with registration payment

AA Al-Anon Volunteer Scholarship
Name: _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: _____
Email address: _____
Name on Badge: _____

AA Al-Anon Volunteer Scholarship
Name: _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: _____
Email address: _____
Name on Badge: _____

Area 51 Accessibility Workshop Series

Episode 7

Making Your Meeting More Accessible

August 2nd from 3-5pm EDT

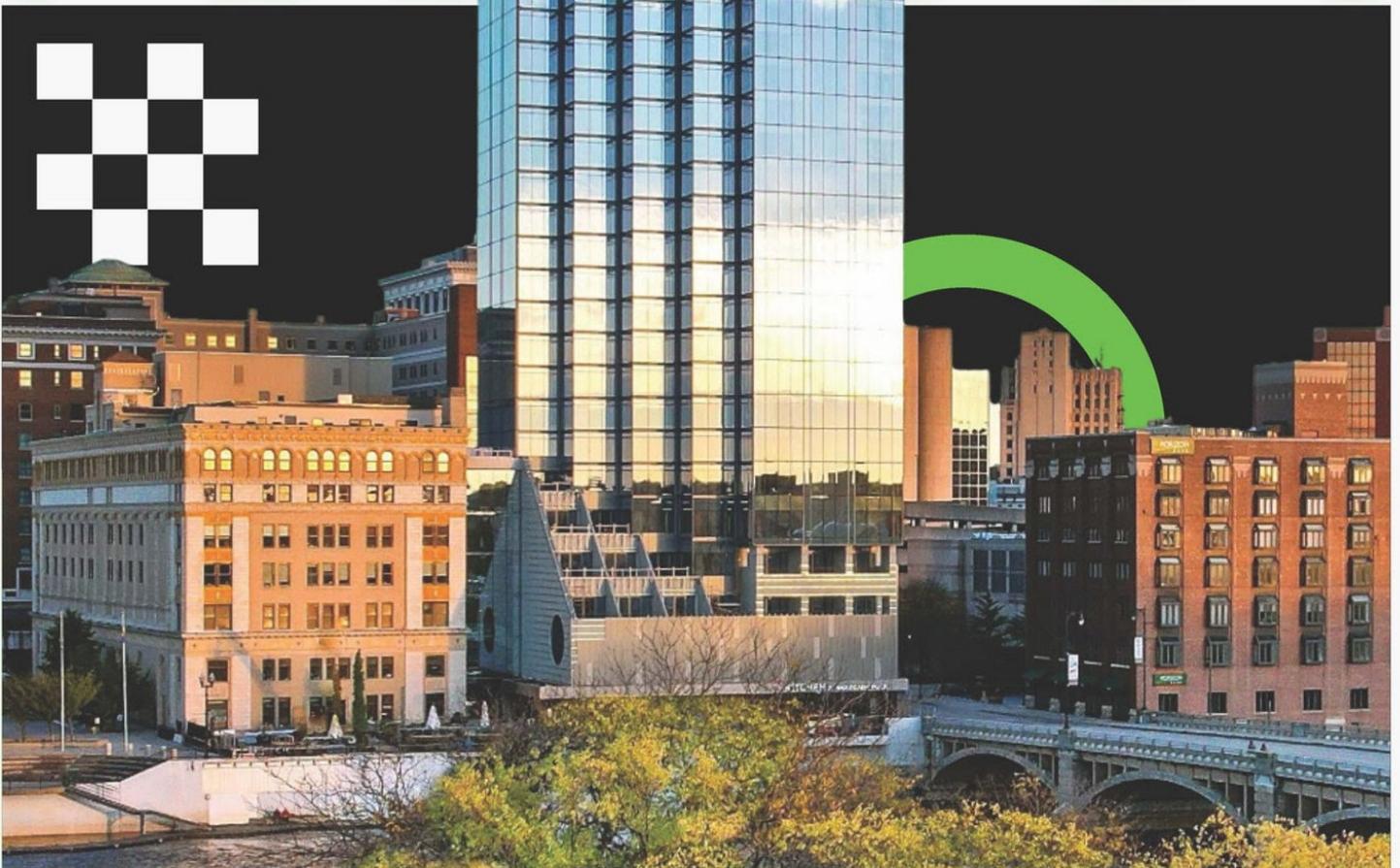
**Zoom Meeting ID: 869 1060 0092
Passcode: 446425**



**There will be a waiting room.
The host will let you in**

ANNOUNCING:

66TH ICYPAA MICHIGAN



BOOK YOUR ROOM!
[HTTPS://TINYURL.COM/2S3V63DB](https://tinyurl.com/2S3V63DB)

**SEPT
3-6
2026** | **AMWAY
GRAND
PLAZA**



REGISTER NOW!



187 Monroe Ave NW, Grand Rapids, MI 49503



www.icypaa.org



SAVE THE DATE
12th Annual
**National AA
Technology Workshop**

Hybrid Format
September 11-13, 2026
San Francisco Bay Area
Concord, California

CO-HOSTED BY
AREA 06 TECH COMMITTEE
AND SF/MARIN INTERGROUP



FOR MORE INFO VISIT [NAATW.ORG](https://naatw.org)



General Service Board of United States/Canada Southeast Regional Forum 2026



**September 18-19, 2026 • Hilton Raleigh North Hills,
Raleigh, NC**

You're Invited!

Join us for the 2026 Southeast Regional Forum—an opportunity for A.A. members and anyone interested in A.A. to connect, learn, and share.

Purpose of Regional Forums

Regional Forums strengthen communication and trust among A.A. members, the General Service Board, General Service Office staff, AA Grapevine/La Viña staff, and more.

Program Highlights

Presentations, workshops, and panels

Sharing sessions for questions, comments, and discussion

Moderated by the Southeast Regional Trustee

Sample Program: <https://www.aa.org/sites/default/files/literature/regional-forum-sample-program-en.pdf>

Interpretation:

Interpretation will be provided through an AI tool. Please bring a mobile device and ear buds or headset.

Registration

Registration is FREE and opens July 17, 2026. Pre-registration is encouraged; on-site registration will also be available.

<https://www.aa.org/event/2026-southeast-regional-forum>

Hotel Information

Hilton Raleigh North Hills

3415 Wake Forest Rd, Raleigh, NC 27609

Room Rate: \$169, (book by August 18, 2026)

Booking Link - Southeast Regional Forum | Hilton Raleigh North Hills

Call In Reservations: 919-872-2233

Group Code : 26SERF

More Information

regionalforums@aa.org • (212) 870-3120

We look forward to seeing you in Raleigh!



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THE FELLOWSHIP GROUP

of

District 71

Invites you to a special edition

of

Friday Night Live

on

September 25th at 6:30PM!

“THE FELLOWSHIP PLAYERS”

Present

AA’s 12 Traditions Play

Calvary Episcopal Church

2840 Hendersonville Rd, Fletcher

In the Fellowship Hall

Followed by Dessert and Coffee

Comments and Critiques!

We’ll welcome a dessert to share!

2026

Workshop Weekend

ALCOHOLICS ANONYMOUS

BRIDGING

THE GAP

TEMPORARY CONTACTS



*don't forget the
Kansas City
BBQ*

September 25-27

Hilton Garden Inn

12080 S. Strang Line Road

Olathe KS 66062

(913) 815-2345

Hosted by
Area 25
District 10

Presentations ♦
Discussions ♦
Shared Experiences ♦
Breakout sessions ♦
Speakers ♦

ROOM RATE \$159 + TAX - CALL FOR RESERVATIONS
FLY TO KANSAS CITY INTERNATIONAL AIRPORT (MCI)

PLEASE PRINT CLEARLY
EMAIL

NAME

ADDRESS

breakout session topics you would like



SERVICE POSITION

PHONE

CITY STATE ZIP

(before June 30th) EarlyBird In-Person Registration \$50 ☐

Day-Pass (Saturday Only) \$40 ☐

Online Attendance \$60 ☐

In-Person Registration \$60 ☐

Saturday Nite Banquet \$45 ☐

Vegetarian ☐

Register Online at BTGWW.org or Mail this form and a check to:

BTGWW 1020 E 84th Terrace Kansas City MO 64131

TOTAL REGISTRATION _____

2ND ANNUAL

Rensselaer South Men's Retreat

AA District 80

October 1-4, 2026

Where: Hayesville, NC at the Hinton Retreat Center (Hinton Rural Life Center)
2330 Hinton Center Road, Hayesville, NC 28904

Cost: **\$310.00** – For 3 nights (October 1-4, 2026). Reserve and pay by **August 15, 2026**.

\$250.00 – For 2 nights (October 2-4, 2026). Reserve and pay by **August 15, 2026**.

Join us for a wonderful retreat experience in beautiful North Carolina near the Blue Ridge Mountains. The cost includes all meals and wooden dorm-style cabins with spectacular views, nestled in the wilderness of the mountains. Also available are 7 campsites with RV hook-ups - and let's not forget campfires!

The Retreat Center overlooks a beautiful lake. Additional activities available for extra cost include pontoon boat rides, a golf tournament, a motorcycle extravaganza (BYO motorcycle), and whitewater rafting. Activities will be planned for Thursday and Friday. Sessions begin Friday after dinner and continue through Sunday. This is your retreat - make the most of it!

Retreat - Reflect - Renew - Serve

- Inventory
- Connection
- Fellowship
- Labyrinth
- Meditation
- Spiritual Stock Taking

All information is on the flyer at the website!

Reserve Your Spot – Payment Options Go To:

<https://aawnc80.com/events/>





WNCCYPAA *Campout*

OCT 16-18, 2026
BREVARD, NC

REGISTER
FOR \$35



AVLYPAA.COM

Kuykendall
GROUP CAMPGROUND

PISGAH
National Forest





AA SERVICE RALLY

District 70



**SATURDAY
OCTOBER 17**



**11:30 AM –
1:30 PM**



**CENTER FOR
SPIRITUAL LIVING**

2 Science of Mind Way
Asheville, NC 28806

Join us for an afternoon of
FUN, FOOD, FELLOWSHIP, AND INFORMATION!

Meet current trusted servants and learn about
the many ways you can get involved in carrying
the message through District 70 service.



*Whether you are new to service or looking for
a new way to contribute, there is a place for you.*



Lunch will be served!



*Trivia contests
with prizes*

● ● ● **ALL AA MEMBERS ARE WELCOME.** ● ● ●

NATIONAL CORRECTIONS CONFERENCE 2026

RECOVERY IN THE WILD



BUTCH CASSIDY PACKAGE

REGISTRATION: BANQUET,
ICE CREAM SOCIAL,
HOSPITALITY ROOM,
T-SHIRT, COFFEE MUG
\$140.00

CALAMITY JANE PACKAGE

REGISTRATION:
HOSPITALITY
T-SHIRT
\$80.00

SUN DANCE KID PACKAGE

REGISTRATION: BANQUET,
HOSPITALITY ROOM,
T-SHIRT
\$ 130.00

NOVEMBER 13-15 2026

LITTLE AMERICA HOTEL

SALT LAKE CITY, UTAH

FOR MORE INFORMATION CONTACT KRISTEN = KRISTENDYER2012@GMAIL.COM
MATT = MATTY123@MAC.COM